


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|---|--|
|  | <p>Be Adventurous</p> <p>Be Challenged</p> <p>Be Connected</p> <p>Be Family</p> <p>Be Inspired</p> <p>Be Social</p> <p>Be Well</p> | <p>Location Keys</p> <p>Activity Room AR</p> <p>Bus Trip BT</p> <p>Chapel C</p> <p>Dining Room DR</p> <p>Garden G</p> <p>Library LIB</p> <p>Lobby LOB</p> <p>TV/ Media Room TV</p> | <p>Resident Birthdays</p> <p>David S. 2/9</p> <p>Susan A. 2/9</p> <p>Judy H. 2/12</p> <p>Ed D. 2/16</p> <p>Marjorie E. 2/26</p> | | <p>9:00 ♥ Blood Pressure w/ TXHH [TV]</p> <p>10:00 ♥ Sit and Be Fit [AR]</p> <p>11:00 🚩 ASL for beginners [AR]</p> <p>12:00 🚩 Friday Noon Trivia [DR]</p> <p>1:30 🚩 Sudoku [AR]</p> <p>3:00 ★ <u>Friday Prayer Service [C]</u></p> <p>4:00 🦋 Social Hour</p> <p>7:00 🚩 Free Rummikub [AR]</p> | <p>Groundhog Day</p> <p>9:30 ♥ Walk It Off</p> <p>10:30 🚩 Puzzle Piece Finders [TV]</p> <p>11:30 🚩 Garden Club [AR]</p> <p>1:30 🚩 Balloon Ball [LOB]</p> <p>2:00 🚩 Resident Quarter Bingo [AR]</p> <p>4:00 🚩 Baking w/ Vykkii [AR]</p> <p>6:00 🚩 Learn How to Scrapbook w/ Vykkii [AR]</p> |
| <p>9:00 🚩 Capital City Church Service [C]</p> <p>9:30 ♥ Walk It Off</p> <p>11:00 🚩 Dominoes [AR]</p> <p>1:30 🚩 Balloon Ball [LOB]</p> <p>1:30 🚩 Superbowl Party [TV]</p> <p>2:00 ★ Catholic Service [C]</p> <p>3:00 🦋 Ice Cream Social</p> <p>3:30 ★ Afternoon Church Service [C]</p> <p>6:00 🚩 Hidden Pictures: Brain Game [AR]</p> | <p>9:30 ♥ Walk It Off</p> <p>10:00 ♥ Chair Boxing Fitness w/ Jeffrey [C]</p> <p>10:30 ♥ Body Mechanics w/ The Weston Group [TV]</p> <p>11:30 🚩 Wii Bowling [AR]</p> <p>2:00 🚩 Bridge Club [LIB]</p> <p>3:00 🦋 Show and Tell [AR]</p> <p>4:30 🚩 Jumble: Scrambled Word Game [AR]</p> <p>7:00 🚩 Quarter Bingo [AR]</p> | <p>9:00 ♥ Blood Pressure w/ Texas Home Health [TV]</p> <p>10:30 ★ Bible Study [LIB]</p> <p>11:30 ★ Library Helpers [LIB]</p> <p>12:00 🦋 Cici Pizza [BT]</p> <p>1:30 🚩 Puzzle Makers [TV]</p> <p>2:30 🚩 Knitting and Crocheting with Sally [AR]</p> <p>4:00 🦋 Family Photo Storytime [AR]</p> <p>7:00 🚩 Penny Point Rummikub [AR]</p> | <p>10:00 🚩 H.E.B. & Donut Run [BT]</p> <p>10:00 ♥ Sit and Be Fit [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>1:45 🚩 Wal-Mart [BT]</p> <p>2:00 🚩 Free Resident Bingo [AR]</p> <p>3:00 🦋 Happy Hour [AR]</p> <p>4:00 🚩 Concentration [AR]</p> <p>6:00 ♥ Meditation [C]</p> | <p>9:00 ♥ Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 ♥ Chiropractor Dr. Sheppard [TV]</p> <p>10:30 ♥ National Send a Card to a Friend Day [AR]</p> <p>11:30 🚩 Wii Bowling [AR]</p> <p>1:30 🚩 Building Services Meeting [DR]</p> <p>2:00 ★ The Help Group [C]</p> <p>4:00 ♥ Tai Chi with Louis [TV]</p> <p>7:00 🚩 Quarter Bingo [AR]</p> | <p>9:00 ♥ Blood Pressure w/ TXHH [TV]</p> <p>10:00 ♥ Sit and Be Fit [AR]</p> <p>11:00 🚩 ASL for beginners [AR]</p> <p>12:00 🚩 Friday Noon Trivia [DR]</p> <p>2:00 🚩 National Fly a Kite Day [G]</p> <p>3:00 ★ <u>Friday Prayer Service [C]</u></p> <p>4:00 🦋 Social Hour</p> <p>7:00 🚩 Free Rummikub [AR]</p> | <p>9:30 ♥ Walk It Off</p> <p>10:30 🚩 Puzzle Piece Finders [TV]</p> <p>11:30 🚩 Garden Club [AR]</p> <p>1:30 🚩 Balloon Ball [LOB]</p> <p>2:00 🚩 Resident Quarter Bingo [AR]</p> <p>4:00 🚩 Flower Pen Arrangements [AR]</p> <p>6:00 🚩 Learn How to Scrapbook w/ Vykkii [AR]</p> |
| <p>9:00 🚩 Capital City Church Service [C]</p> <p>9:30 ♥ Walk It Off</p> <p>11:00 🚩 Dominoes [AR]</p> <p>1:30 🚩 Balloon Ball [LOB]</p> <p>2:00 ★ Catholic Service [C]</p> <p>3:00 🦋 Ice Cream Social</p> <p>3:30 ★ Afternoon Church Service [C]</p> <p>6:00 🚩 Hidden Pictures: Brain Game [AR]</p> | <p>9:30 ♥ Walk It Off</p> <p>10:00 ♥ Chair Boxing Fitness w/ Jeffrey [C]</p> <p>10:30 ♥ Body Mechanics w/ The Weston Group [TV]</p> <p>11:30 🚩 Wii Bowling [AR]</p> <p>2:00 🚩 Bridge Club [LIB]</p> <p>3:00 🦋 Show and Tell [AR]</p> <p>4:30 🚩 Jumble: Scrambled Word Game [AR]</p> <p>7:00 🚩 Quarter Bingo [AR]</p> | <p>9:00 ♥ Blood Pressure w/ Texas Home Health [TV]</p> <p>9:00 🚩 Men's Outing [BT]</p> <p>10:30 ★ Bible Study [LIB]</p> <p>11:00 🚩 American Senior Benefit Class [AR]</p> <p>1:30 🚩 Puzzle Makers [TV]</p> <p>2:30 🚩 Knitting and Crocheting with Sally [AR]</p> <p>4:00 🦋 Family Photo Storytime [AR]</p> <p>7:00 🚩 Penny Point Rummikub [AR]</p> | <p>10:00 🚩 H.E.B. & Donut Run [BT]</p> <p>10:00 ♥ Sit and Be Fit [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>1:45 🚩 Kohls Senior Discount Day [BT]</p> <p>2:00 🚩 Free Resident Bingo [AR]</p> <p>3:00 🦋 Happy Hour [AR]</p> <p>4:00 🦋 New Resident Orientation [AR]</p> <p>6:30 🚩 Dessert Demo w/ Chef Angel [DR]</p> | <p>Valentine's Day</p> <p>9:00 ♥ Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 ♥ Chiropractor Dr. Sheppard [TV]</p> <p>10:30 ♥ Aromatherapy Hand Massage [AR]</p> <p>11:30 🚩 Wii Bowling [AR]</p> <p>12:30 🚩 2019 King and Queen Valentine's Party [DR]</p> <p>2:00 🚩 Resident Vibrant Life Meeting w/ Vykkii [LIB]</p> <p>4:00 ♥ Tai Chi with Louis [TV]</p> <p>7:00 🚩 Quarter Bingo [AR]</p> | <p>9:00 ♥ Blood Pressure w/ TXHH [TV]</p> <p>10:00 ♥ Sit and Be Fit [AR]</p> <p>11:00 🚩 ASL for beginners [AR]</p> <p>12:00 🚩 Friday Noon Trivia [DR]</p> <p>1:30 🚩 Sudoku [AR]</p> <p>3:00 ★ <u>Friday Prayer Service [C]</u></p> <p>4:00 🦋 Social Hour</p> <p>7:00 🚩 Free Rummikub [AR]</p> | <p>9:30 ♥ Walk It Off</p> <p>10:30 🚩 Puzzle Piece Finders [TV]</p> <p>11:30 🚩 Garden Club [AR]</p> <p>1:30 🚩 Balloon Ball [LOB]</p> <p>2:00 🚩 Resident Quarter Bingo [AR]</p> <p>3:00 🚩 Music Performance [LOB]</p> <p>4:00 🚩 Baking w/ Vykkii [AR]</p> <p>6:00 🚩 Learn How to Scrapbook w/ Vykkii [AR]</p> |
| <p>9:00 🚩 Capital City Church Service [C]</p> <p>9:30 ♥ Walk It Off</p> <p>10:30 ♥ National Random Acts of Kindness Day [AR]</p> <p>1:30 🚩 Balloon Ball [LOB]</p> <p>2:00 ★ Catholic Service [C]</p> <p>3:00 🦋 Ice Cream Social</p> <p>3:30 ★ Afternoon Church Service [C]</p> <p>6:00 🚩 Hidden Pictures: Brain Game [AR]</p> | <p>Presidents' Day</p> <p>9:30 ♥ Walk It Off</p> <p>10:00 ♥ Chair Boxing Fitness w/ Jeffrey [C]</p> <p>10:30 ♥ Body Mechanics w/ The Weston Group [TV]</p> <p>11:30 🚩 Wii Bowling [AR]</p> <p>2:00 🚩 Bridge Club [LIB]</p> <p>3:00 🦋 Show and Tell [AR]</p> <p>4:30 🚩 Jumble: Scrambled Word Game [AR]</p> <p>7:00 🚩 Quarter Bingo [AR]</p> | <p>9:00 ♥ Blood Pressure w/ Texas Home Health [TV]</p> <p>10:30 ★ Bible Study [LIB]</p> <p>11:30 ★ Library Helpers [LIB]</p> <p>12:00 🦋 Ladies Luncheon [BT]</p> <p>1:30 🚩 Puzzle Makers [TV]</p> <p>2:30 🚩 Knitting and Crocheting with Sally [AR]</p> <p>4:00 🦋 Family Photo Storytime [AR]</p> <p>7:00 🚩 Penny Point Rummikub [AR]</p> | <p>10:00 🚩 H.E.B. & Donut Run [BT]</p> <p>10:00 ♥ Sit and Be Fit [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>1:45 🚩 Wal-Mart [BT]</p> <p>2:00 🚩 Free Resident Bingo [AR]</p> <p>3:00 🦋 Happy Hour [AR]</p> <p>4:30 🚩 Make Mardi Gras Invitations [AR]</p> <p>6:00 ♥ Meditation [C]</p> | <p>9:00 ♥ Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 ♥ Chiropractor Dr. Sheppard [TV]</p> <p>10:30 ♥ Aromatherapy Hand Massage [AR]</p> <p>11:30 🚩 Wii Bowling [AR]</p> <p>1:30 🚩 Chef's Meeting [DR]</p> <p>2:00 ★ The Help Group [C]</p> <p>4:00 ♥ Tai Chi with Louis [TV]</p> <p>7:00 🚩 Quarter Bingo [AR]</p> | <p>9:00 ♥ Blood Pressure w/ TXHH [TV]</p> <p>9:15 🚩 Volunteer: VA Clinic Refreshment Table [BT]</p> <p>10:00 ♥ Sit and Be Fit [AR]</p> <p>11:00 🚩 ASL for beginners [AR]</p> <p>12:00 🚩 Friday Noon Trivia [DR]</p> <p>1:30 🚩 Sudoku [AR]</p> <p>3:00 ★ <u>Friday Prayer Service [C]</u></p> <p>4:00 🦋 Solstice Honors Community Volunteers [AR]</p> <p>7:00 🚩 Free Rummikub [AR]</p> | <p>9:30 ♥ Walk It Off</p> <p>10:30 🚩 Puzzle Piece Finders [TV]</p> <p>11:30 🚩 Garden Club [AR]</p> <p>1:30 🚩 Balloon Ball [LOB]</p> <p>2:00 🚩 Resident Quarter Bingo [AR]</p> <p>3:00 🦋 Book Club [AR]</p> <p>4:00 🚩 Flower Pen Arrangements [AR]</p> <p>6:00 🚩 Learn How to Scrapbook w/ Vykkii [AR]</p> |
| <p>9:00 🚩 Capital City Church Service [C]</p> <p>9:30 ♥ Walk It Off</p> <p>11:00 🚩 Dominoes [AR]</p> <p>1:30 🚩 Balloon Ball [LOB]</p> <p>2:00 ★ Catholic Service [C]</p> <p>3:00 🦋 Ice Cream Social</p> <p>3:30 ★ Afternoon Church Service [C]</p> <p>6:00 🚩 Hidden Pictures: Brain Game [AR]</p> | <p>9:30 ♥ Walk It Off</p> <p>10:00 ♥ Chair Boxing Fitness w/ Jeffrey [C]</p> <p>10:30 ♥ Body Mechanics w/ The Weston Group [TV]</p> <p>11:30 🚩 Wii Bowling [AR]</p> <p>2:00 🚩 Bridge Club [LIB]</p> <p>3:00 🦋 Show and Tell [AR]</p> <p>4:30 🚩 Jumble: Scrambled Word Game [AR]</p> <p>7:00 🚩 Quarter Bingo [AR]</p> | <p>9:00 ♥ Blood Pressure w/ Texas Home Health [TV]</p> <p>10:30 ★ Bible Study [LIB]</p> <p>11:30 ★ Library Helpers [LIB]</p> <p>12:00 🦋 Dan's [BT]</p> <p>1:30 🚩 Puzzle Makers [TV]</p> <p>2:30 🚩 Knitting and Crocheting with Sally [AR]</p> <p>3:00 🚩 Resident Birthday Party [DR]</p> <p>4:00 🦋 Family Photo Storytime [AR]</p> <p>7:00 🚩 Penny Point Rummikub [AR]</p> | <p>10:00 🚩 H.E.B. & Donut Run [BT]</p> <p>10:00 ♥ Sit and Be Fit [AR]</p> <p>10:30 ♥ Pain Management w/ Dr. Kim [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>12:30 🦋 Ambassador Club Luncheon</p> <p>1:45 🚩 At Home [BT]</p> <p>2:00 🚩 Free Resident Bingo [AR]</p> <p>3:00 🦋 Happy Hour [AR]</p> <p>4:30 🚩 Make Mardi Gras Mask [AR]</p> <p>6:00 ♥ Meditation [C]</p> | <p>9:00 ♥ Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 ♥ Chiropractor Dr. Sheppard [TV]</p> <p>10:30 ♥ Aromatherapy Hand Massage [AR]</p> <p>11:30 🚩 Wii Bowling [AR]</p> <p>2:00 🚩 Town Hall Meeting [DR]</p> <p>3:00 🦋 This Is Your Life [AR]</p> <p>4:00 ♥ Tai Chi with Louis [TV]</p> <p>7:00 🚩 Quarter Bingo [AR]</p> | | |