



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Be Adventurous</p> <p>Be Challenged</p> <p>Be Connected</p> <p>Be Family</p> <p>Be Inspired</p> <p>Be Social</p> <p>Be Well</p>	<p>New Year's Day 1</p> <p>10:30 ★ Bible Study [LIB]</p> <p>11:30 ★ Library Helpers [LIB]</p> <p>1:30 📍 New Year for Gratitude [AR]</p> <p>2:30 📍 Knitting and Crocheting with Sally [AR]</p> <p>4:00 📍 Family Photo Storytime [AR]</p> <p>7:00 📍 Texas Hold'em [AR]</p>	<p>2</p> <p>10:00 📍 H.E.B. & Donut Run [BT]</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>1:30 📍 Wal-Mart [BT]</p> <p>2:00 📍 Free Resident Bingo with Halo [AR]</p> <p>3:00 📍 Happy Hour [AR]</p> <p>4:15 📍 Sheet Music Art [AR]</p> <p>6:30 📍 Country Western Dance Club \$5 [BT]</p>	<p>3</p> <p>9:00 📍 Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 📍 Chiropractor Dr. Sheppard [TV]</p> <p>10:30 📍 Aromatherapy Hand Massage [AR]</p> <p>11:30 📍 Wii Bowling [AR]</p> <p>1:30 📍 Building Services Meeting [DR]</p> <p>2:00 ★ The Help Group [C]</p> <p>4:00 📍 Tai Chi with Louis [TV]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>4</p> <p>9:00 📍 Blood Pressure w/ TXHH [TV]</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 📍 ASL for beginners [AR]</p> <p>12:00 📍 Friday Noon Trivia [DR]</p> <p>1:30 📍 Sudoku [AR]</p> <p>3:00 ★ Friday Prayer Service [C]</p> <p>4:00 📍 Social Hour</p> <p>7:00 📍 Rummikub Game [AR]</p>	<p>5</p> <p>9:30 📍 Walk It Off</p> <p>10:30 📍 Puzzle Helpers [TV]</p> <p>11:30 📍 Garden Club [AR]</p> <p>1:30 📍 Balloon Ball [LOB]</p> <p>2:00 📍 Resident Quarter Bingo [AR]</p> <p>4:00 📍 Baking w/ Vykki [AR]</p> <p>6:00 📍 Learn How to Scrapbook w/ Vykki [AR]</p>
<p>6</p> <p>9:00 📍 Capital City Church Service [C]</p> <p>9:30 📍 Walk It Off</p> <p>11:00 📍 Dominoes [AR]</p> <p>1:30 📍 Balloon Ball [LOB]</p> <p>2:00 ★ Catholic Service [C]</p> <p>3:00 📍 Ice Cream Social w/ Cella Bella</p> <p>3:30 ★ Afternoon Church Service [C]</p> <p>6:00 📍 Hidden Pictures: Brain Game [AR]</p>	<p>7</p> <p>9:30 📍 Walk It Off</p> <p>10:00 ★ Men's Weekly Fellowship w/ Jeffrey [C]</p> <p>10:30 📍 Body Mechanics w/ The Weston Group [TV]</p> <p>11:00 📍 Diabetes Awareness w/ Encompass [AR]</p> <p>2:00 📍 Bridge Club [LIB]</p> <p>3:00 📍 Show and Tell [AR]</p> <p>4:30 📍 Jumble: Scrambled Word Game [AR]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>8</p> <p>9:00 📍 Blood Pressure w/ Texas Home Health [TV]</p> <p>10:00 📍 Brunch Bingo w/ Rite Away Pharmacy [AR]</p> <p>10:00 📍 Uncommon Objects [BT]</p> <p>10:30 ★ Bible Study [LIB]</p> <p>11:30 ★ Library Helpers [LIB]</p> <p>2:30 📍 Knitting and Crocheting with Sally [AR]</p> <p>4:00 📍 Family Photo Storytime [AR]</p> <p>6:30 📍 Square Dancing @ Senior Center [BT]</p>	<p>9</p> <p>10:00 📍 H.E.B. & Donut Run [BT]</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>1:30 📍 Kohls [BT]</p> <p>2:00 📍 Free Resident Bingo with Halo [AR]</p> <p>3:00 📍 Happy Hour [AR]</p> <p>4:15 📍 New Resident Orientation [AR]</p> <p>6:30 📍 Meditation [C]</p>	<p>10</p> <p>9:00 📍 Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 📍 Chiropractor Dr. Sheppard [TV]</p> <p>10:30 📍 Aromatherapy Hand Massage [AR]</p> <p>11:30 📍 Wii Bowling [AR]</p> <p>1:30 📍 Resident Vibrant Life Meeting w/ Vykki [DR]</p> <p>2:00 📍 Living The Dream Winner Picked [DR]</p> <p>4:00 📍 Tai Chi with Louis [TV]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>11</p> <p>9:00 📍 Blood Pressure w/ TXHH [TV]</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 📍 ASL for beginners [AR]</p> <p>12:00 📍 Friday Noon Trivia [DR]</p> <p>1:30 📍 Sudoku [AR]</p> <p>3:00 ★ Friday Prayer Service [C]</p> <p>4:00 📍 Social Hour</p> <p>7:00 📍 Rummikub Game [AR]</p>	<p>12</p> <p>9:30 📍 Walk It Off</p> <p>10:30 📍 Puzzle Helpers [TV]</p> <p>10:30 📍 Stewart Cochran Performs [LOB]</p> <p>11:30 📍 Garden Club [AR]</p> <p>1:30 📍 Balloon Ball [LOB]</p> <p>2:00 📍 Resident Quarter Bingo [AR]</p> <p>4:00 📍 Flower Pen Arrangements [AR]</p> <p>6:00 📍 Learn How to Scrapbook w/ Vykki [AR]</p>
<p>13</p> <p>9:00 📍 Capital City Church Service [C]</p> <p>9:30 📍 Walk It Off</p> <p>11:00 📍 Dominoes [AR]</p> <p>1:30 📍 Balloon Ball [LOB]</p> <p>2:00 ★ Catholic Service [C]</p> <p>3:00 📍 Ice Cream Social w/ Cella Bella</p> <p>3:30 ★ Afternoon Church Service [C]</p> <p>6:00 📍 Hidden Pictures: Brain Game [AR]</p>	<p>14</p> <p>9:30 📍 Walk It Off</p> <p>10:00 ★ Men's Weekly Fellowship w/ Jeffrey [C]</p> <p>10:30 📍 Body Mechanics w/ The Weston Group [TV]</p> <p>11:30 📍 Wii Bowling [AR]</p> <p>2:00 📍 Bridge Club [LIB]</p> <p>3:00 📍 Show and Tell [AR]</p> <p>4:30 📍 Sensory Game: What's in the Box? [AR]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>15</p> <p>9:00 📍 Blood Pressure w/ Texas Home Health [TV]</p> <p>10:15 📍 Café Monet Pottery \$15-20 [BT]</p> <p>10:30 ★ Bible Study [LIB]</p> <p>11:30 ★ Library Helpers [LIB]</p> <p>2:00 📍 ISL Inspires @ Community First [BT]</p> <p>2:30 📍 Knitting and Crocheting with Sally [AR]</p> <p>4:30 📍 Yappy Hour [AR]</p> <p>7:00 📍 Texas Hold'em [AR]</p>	<p>16</p> <p>10:00 📍 H.E.B. & Donut Run [BT]</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>1:30 📍 Wal-Mart [BT]</p> <p>2:00 📍 Free Resident Bingo with Halo [AR]</p> <p>3:00 📍 Happy Hour [AR]</p> <p>4:15 📍 Make Handmade Snow [AR]</p> <p>6:30 📍 Country Western Dance Club \$5 [BT]</p> <p>7:00 📍 Hardhat Building Tour [AR]</p>	<p>17</p> <p>9:00 📍 Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 📍 Chiropractor Dr. Sheppard [TV]</p> <p>10:30 📍 Aromatherapy Hand Massage [AR]</p> <p>11:30 📍 Wii Bowling [AR]</p> <p>1:30 📍 Chef's Meeting [DR]</p> <p>2:00 ★ The Help Group [C]</p> <p>4:00 📍 Tai Chi with Louis [TV]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>18</p> <p>9:00 📍 Blood Pressure w/ TXHH [TV]</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 📍 ASL for beginners [AR]</p> <p>12:00 📍 Friday Noon Trivia [DR]</p> <p>1:30 📍 Sudoku [AR]</p> <p>3:00 ★ Friday Prayer Service [C]</p> <p>4:00 📍 Social Hour</p> <p>7:00 📍 Rummikub Game [AR]</p>	<p>19</p> <p>9:30 📍 Walk It Off</p> <p>10:30 📍 Puzzle Helpers [TV]</p> <p>11:30 📍 Garden Club [AR]</p> <p>1:30 📍 Balloon Ball [LOB]</p> <p>2:00 📍 Resident Quarter Bingo [AR]</p> <p>4:00 📍 Baking w/ Vykki [AR]</p> <p>6:00 📍 Learn How to Scrapbook w/ Vykki [AR]</p>
<p>20</p> <p>9:00 📍 Capital City Church Service [C]</p> <p>9:30 📍 Walk It Off</p> <p>11:00 📍 Dominoes [AR]</p> <p>1:30 📍 Balloon Ball [LOB]</p> <p>2:00 ★ Catholic Service [C]</p> <p>3:00 📍 Ice Cream Social w/ Cella Bella</p> <p>3:30 ★ Afternoon Church Service [C]</p> <p>6:00 📍 Hidden Pictures: Brain Game [AR]</p>	<p>Martin Luther King, Jr. Day 21</p> <p>9:30 📍 Walk It Off</p> <p>10:00 ★ Men's Weekly Fellowship w/ Jeffrey [C]</p> <p>11:00 📍 Ambassadors Of Grace Music Performance [LOB]</p> <p>2:00 📍 Bridge Club [LIB]</p> <p>3:00 📍 Show and Tell [AR]</p> <p>4:30 📍 Jumble: Scrambled Word Game [AR]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>22</p> <p>9:00 📍 Blood Pressure w/ Texas Home Health [TV]</p> <p>9:00 📍 IMAX Amazon Adventure \$8 [BT]</p> <p>10:30 ★ Bible Study [LIB]</p> <p>12:30 📍 Resident Birthday Party [DR]</p> <p>2:30 📍 Knitting and Crocheting with Sally [AR]</p> <p>4:00 📍 Family Photo Storytime [AR]</p> <p>6:30 📍 Square Dancing @ Senior Center [BT]</p>	<p>23</p> <p>10:00 📍 H.E.B. & Donut Run [BT]</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>12:30 📍 Ambassador Club Luncheon</p> <p>2:00 📍 Free Resident Bingo with Halo [AR]</p> <p>2:00 📍 Ross & TJ MAX [BT]</p> <p>3:00 📍 Happy Hour [AR]</p> <p>4:15 📍 Concentration [AR]</p> <p>6:30 📍 Meditation [C]</p>	<p>24</p> <p>9:00 📍 Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 📍 Chiropractor Dr. Sheppard [TV]</p> <p>10:30 📍 Aromatherapy Hand Massage [AR]</p> <p>11:30 📍 Wii Bowling [AR]</p> <p>2:00 📍 Town Hall Meeting [DR]</p> <p>3:00 ★ Red Hat Society Meeting [AR]</p> <p>4:00 📍 Tai Chi with Louis [TV]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>25</p> <p>9:00 📍 Blood Pressure w/ TXHH [TV]</p> <p>9:15 📍 Volunteer: VA Clinic Refreshment Table [BT]</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 📍 ASL for beginners [AR]</p> <p>12:00 📍 Friday Noon Trivia [DR]</p> <p>1:30 📍 Sudoku [AR]</p> <p>3:00 ★ Friday Prayer Service [C]</p> <p>4:00 📍 Social Hour</p> <p>7:00 📍 Rummikub Game [AR]</p>	<p>26</p> <p>9:30 📍 Walk It Off</p> <p>10:30 📍 Puzzle Helpers [TV]</p> <p>11:30 📍 Garden Club [AR]</p> <p>1:30 📍 Balloon Ball [LOB]</p> <p>2:00 📍 Resident Quarter Bingo [AR]</p> <p>3:00 📍 Book Club [AR]</p> <p>4:00 📍 Flower Pen Arrangements [AR]</p> <p>6:00 📍 Learn How to Scrapbook w/ Vykki [AR]</p>
<p>27</p> <p>9:00 📍 Capital City Church Service [C]</p> <p>9:30 📍 Walk It Off</p> <p>11:00 📍 Dominoes [AR]</p> <p>1:30 📍 Balloon Ball [LOB]</p> <p>2:00 ★ Catholic Service [C]</p> <p>3:00 📍 Ice Cream Social w/ Cella Bella</p> <p>3:30 ★ Afternoon Church Service [C]</p> <p>6:00 📍 Hidden Pictures: Brain Game [AR]</p>	<p>28</p> <p>9:30 📍 Walk It Off</p> <p>10:00 ★ Men's Weekly Fellowship w/ Jeffrey [C]</p> <p>10:30 📍 Body Mechanics w/ The Weston Group [TV]</p> <p>11:30 📍 Wii Bowling [AR]</p> <p>2:00 📍 Bridge Club [LIB]</p> <p>3:00 📍 Show and Tell [AR]</p> <p>4:30 📍 Jumble: Scrambled Word Game [AR]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>29</p> <p>9:00 📍 At Home Foot Care [TV]</p> <p>9:00 📍 Blood Pressure w/ Texas Home Health [TV]</p> <p>10:15 📍 Austin Downtown City Drive [BT]</p> <p>10:30 ★ Bible Study [LIB]</p> <p>11:30 ★ Library Helpers [LIB]</p> <p>2:30 📍 Knitting and Crocheting with Sally [AR]</p> <p>4:00 📍 Family Photo Storytime [AR]</p> <p>7:00 📍 Texas Hold'em [AR]</p>	<p>30</p> <p>10:00 📍 H.E.B. & Donut Run [BT]</p> <p>10:00 📍 Policy Reviews w/ Rothrock Powerbrokers</p> <p>10:00 📍 Sit and Be Fit [AR]</p> <p>11:00 ★ Recite the Holy Rosary [C]</p> <p>1:30 📍 Wal-Mart [BT]</p> <p>2:00 📍 Free Resident Bingo with Halo [AR]</p> <p>3:00 📍 Happy Hour [AR]</p> <p>4:15 📍 Make Canvas Tree Totes [AR]</p> <p>6:30 📍 Country Western Dance Club \$5 [BT]</p>	<p>31</p> <p>9:00 📍 Appointments Scheduled with Driver (48hr notice) [BT]</p> <p>10:15 📍 Chiropractor Dr. Sheppard [TV]</p> <p>10:30 📍 Aromatherapy Hand Massage [AR]</p> <p>11:30 📍 Wii Bowling [AR]</p> <p>2:00 📍 Solstice Honors [AR]</p> <p>3:00 📍 Path to Wellness Reception [AR]</p> <p>4:00 📍 Tai Chi with Louis [TV]</p> <p>7:00 📍 Quarter Bingo [AR]</p>	<p>Location Keys</p> <p>Activity Room AR</p> <p>Bus Trip BT</p> <p>Chapel C</p> <p>Dining Room DR</p> <p>Library LIB</p> <p>Lobby LOB</p> <p>TV/ Media Room TV</p> <p>Resident Birthdays</p> <p>Rose Marie F. 1/8</p> <p>Grace B. 1/11</p> <p>Mike K. 1/11</p> <p>Agnes Y. 1/12</p> <p>Nunie F. 1/14</p> <p>Evelyn C. 1/21</p> <p>John (Jeff) F. 1/22</p> <p>Shizuko (Dee) F. 1/24</p> <p>Flex P. 1/28</p>	